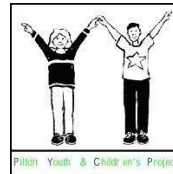


Who can make a referral to the 1:1 support service?

Referrals to the service can be made by schools and other statutory or voluntary agencies, by PYCP staff and of course by young people and their families.

PYCP offers a wide range of services for children and young people in Forth Ward. Please contact us for more information or to obtain a referral form on: 0131 332 9815/ info@pycp.co.uk



PILTON YOUTH & CHILDREN'S PROJECT

The Greenhouse
1a West Pilton Place
Edinburgh EH4 4DG

Phone: 0131 332 9815
Fax: 0131 538 7887
E-mail: info@pycp.co.uk

PILTON YOUTH & CHILDREN'S PROJECT

Individual Support Work



Tel: 0131 332 9815 www.pycp.co.uk

INDIVIDUAL SUPPORT WORK @ PYCP

Who is the 1:1 support service for?

This service is for children and young people (aged 5-18) who live in Forth Ward. Priority will be given to young people already known to the project or who are pupils at local schools.



What sorts of issues can the 1:1 work help with?

The 1:1 work can help with a range of issues, such as family difficulties, feeling confident, communication skills, making friends, getting on at school, dealing with angry feelings- it all depends on the young person's needs.

What will the 1:1 work involve?

The support will be offered by a project worker who is based at PYCP. A support plan will be agreed between the young person and their worker, taking into account the information given by the person who made the referral. However, it is really important that the young person is given a say in this. They will be offered a confidential space to discuss anything that is important to them and explore solutions to any problems.

The support will take place one or two times a week, either in school time or at PYCP. It is important that the young person is offered choice in how the work is delivered, for example they may find it easier to talk when playing structured games, or doing arts and crafts.

How long will the support be for?

The support will be reviewed every two months and this is a chance for the young person to look at what progress they have



made and whether they feel that they need more support. It is hoped that they will be able to move on from the support after no longer than six months, where they will be given help in accessing any other services that may be useful to them.

How confidential is it?

PYCP has a Confidentiality Policy that is explained at the first session. It is important that young people feel in control of what they share but there are times when we may have to pass on information to other professionals. Any information that is used in this way will always be in the best interests of the young person and for their own safety.